

Name of the course : Master of Physical Education (M. P. Ed.)
Paper No. : MPE-703(iv)
Name of the paper : Game of Specialization-Basketball
Semester : I-December-2024

Duration: 3 Hours

Maximum Marks: 50 Marks

Instructions for students

Attempt any five questions. All questions carry equal marks

- Q1. Elaborate upon the Modern Trends and developments in Basketball.
- Q2. Explain the purpose and importance and techniques of evaluation of a team performance.
- Q3. Explain progressive coaching points for rebounding and dribbling. And 2 drills for each.
- Q4. Explain the short term and long term planning essentials for organization of a successful competition.
- Q5. List down Basketball skill tests and explain any TWO in detail.
- Q6. Write notes on any two:
- 1) Playfield technology
 - 2) Selection of a team and Conduct of a camp
 - 3) Organization and constitution of IBF
- Q7. Explain in detail:
- 1) AAPHER Youth fitness test
 - 2) National Physical Efficiency
 - 3) Indiana Motor Fitness test
- Q8. List down Basketball specific Motor components and explain the development of any two in detail.
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